



Anxiety and Relationships Workshop

Do you love someone who is experiencing anxiety?

Whether it's your partner, a close friend or your child it can be really difficult when anxiety impacts the relationship.

Thursday 1st October 12-3pm

Come along to this FREE workshop to learn more about anxiety, coping, communication and how to maintain positive relationships with loved ones along the way.

Bookings Essential

Call Sarah on 9663 6733 or email sarah@dsrc.org.au



The Drummond Relationship Centre
195 Drummond St, Carlton
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