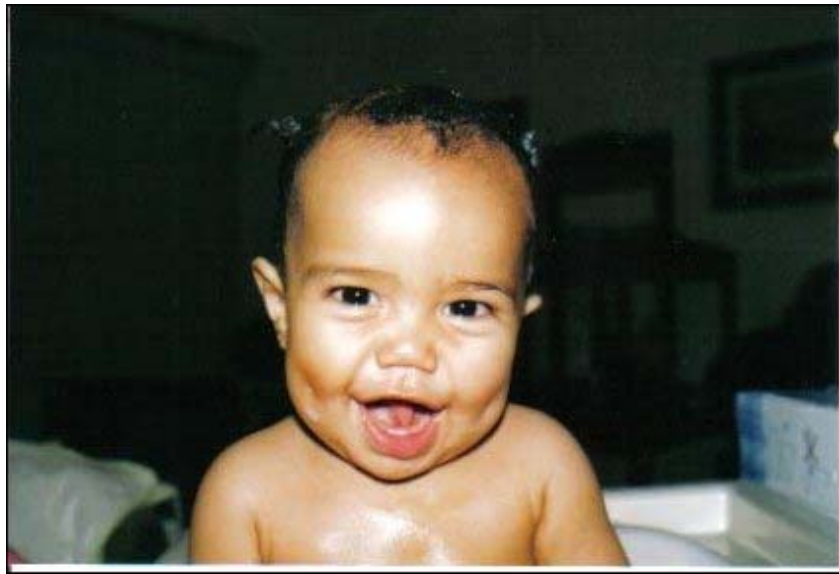


Practical Parenting Skills

Would you like to get some first hand knowledge about practical hands on parenting?



Do you want to brush up on or learn more about any particular part of taking care of babies or children?

- Maybe you want to be shown how to change a nappy?
- How to hold your infant so that you and baby are both comfortable
- How to give your child a bath and what temperature to have the water at
- Feeding time and how do you know if he/she is hungry?
- Sleep time and when to put them down for a sleep and how long for?
- How do you interact with babies and toddlers?
- Soothing an unsettled baby?

And much more.....

Then call Drummond Street Relationship Centre: 9663 6733 to book a one on one session with Kate Galea at 195 Drummond St, Carlton.

Kate has extensive knowledge in relating to parents and children of many age groups from new born infants through to preschool children. Kate has worked in Childcare for many years and has a Graduate Certificate in Pre and Post Natal Family Support. Kate runs the childcare room at Drummond Street Relationship Centre and co-facilitates a group called Enjoying Your New Baby at Drummond Street.

COST: FREE TO HEALTH CARE CARD HOLDERS AND SLIDING SCALE OF FEES FOR OTHERS

