

# Working on Our Relationship Group

You are invited to a 6 week group to help you work on managing the ups and downs in relationships more effectively

## We will cover:

- Communication
- Managing and resolving conflict
- Working on your specific challenges
- Managing the things that impact on our relationship (parenting, pressures, work)
- Identifying obstacles to change

**Cost \$110 per couple (for full 6 weeks)  
or free with Health Care Card**



**This group will run from 6.30-8.30 pm on a  
Wednesday night – next one starts 25<sup>th</sup> July**

Open to couples rather than individuals  
(but they can place their name on waiting list for appropriate group)

**This group is facilitated by one of our relationship counsellors Rob Gill. Rob has experience in a variety of community settings and has spent a number of years working with couples and helping them overcome their difficulties.**

This group will be held at the Drummond Street Relationship Centre at  
195 Drummond Street, Carlton 3053

**Limited childcare places available – BOOK NOW (cost: donation)**

**HOW TO BOOK: Call Kate on 9663 6733 to book your place or find out more.**

